

Emergency Department Buprenorphine/Naloxone SL (Suboxone®)

Home Dosing Information - Day 1 Worksheet

1. Take first dose (2 mg) and wait 1 hour.

Time of dose: _____

*if you feel much worse (sleepy, or unable to focus) → STOP!

*if you are feeling the same or a little better → go to step 2.

2. Take second dose (2mg) and wait 1 hour.

Time of dose: _____

*if you feel much worse (sleepy, or unable to focus) → STOP!

*if you are feeling the same or a little better → go to step 3.

3. Take third dose (2mg) and wait 1 hour.

Time of dose: _____

*if you feel much worse (sleepy, or unable to focus) → STOP!

*if you are feeling the same or a little better → go to step 4.

4. Take fourth dose (2mg) and wait 1 hour.

Time of dose: _____

*if you feel much worse (sleepy, or unable to focus) → STOP!

*if you are feeling the same or a little better → go to step 5.

5. Take fifth dose (2mg) and wait 1 hour.

Time of dose: _____

*if you feel much worse (sleepy, or unable to focus) → STOP!

*if you are feeling the same or a little better → go to step 6.

6. Take sixth dose (2mg). This is your final dose. Please keep this worksheet for your next day follow-up appointment.

Time of dose: _____