



# Acetaminophen: After Your Visit

**Common brands:** Tylenol, Tempra, Pediatrix, and Panadol

## What it's used for

Acetaminophen is used to treat mild to moderate pain (like headaches, menstrual cramps, and general aches and pains) and to bring down a fever.

## What to tell the doctor or pharmacist before you take this medicine

Tell the doctor or pharmacist if you:

- have liver disease
- are allergic to acetaminophen
- drink alcohol
- are being treated for TB (tuberculosis)
- take a blood “thinner”
- have an allergy to acetaminophen

Tell your doctor or dentist what other prescription, over-the-counter, or herbal medicine you take.

## What you need to know

- Take this product as directed. Taking more than 4000 mg of acetaminophen a day can hurt the liver.
- Acetaminophen is found in other **pain and fever medicine** and also in **cough and cold medicine**. Make sure you read the label before you take any other medicine.
- Drinking alcohol while taking this medicine can hurt the liver.
- **For pain:** It works best if you take it when the pain starts or before it gets too bad. Take it for no more than 10 days, unless the doctor says you can.
- **For fever:** Take it for no more than 5 days unless the doctor says you can.

## When to get help

**Call 911** if you have trouble breathing or your face, tongue, or throat start to swell.

See a doctor or call Health Link right away if:

- your urine becomes dark
- you feel sick to your stomach or are throwing up
- you begin to feel very tired
- you have sores in your mouth, nose, throat, or eyes
- your eyes or skin turn yellow
- you have pain in your abdomen/stomach
- you feel dizzy
- you have a red, itchy rash, or swelling

See your doctor if your symptoms or health problems don't get better or get worse.

If you have any questions or concerns about this medicine, speak with your doctor or pharmacist.

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If you think you may have taken too much of this medicine, call the poison control centre PADIS 24/7 at 1-800-332-1414 or go to an emergency department.

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To learn more about Acetaminophen: After Your Visit, go to [myhealth.alberta.ca](http://myhealth.alberta.ca) and enter **fdb0009** in the search box.

**For 24/7 nurse advice and general health information call Health Link at 811.**

This content may be updated without notice.

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