



MyHealth.Alberta.ca

MyHealth.Alberta.ca (MHA) Content

The [MHA](#) website is a Government of Alberta initiative in partnership with Alberta Health Services that contains trusted consumer health information and tools for Albertans. The content on the site is evidence-based, written in plain language at a grade 5-8 level, and reviewed every two years. The content is primarily written by Healthwise®, specialists in consumer health information for over 30 years, and reviewed by AHS and/or AH subject matter experts. This ensures that content on MHA is current, evidence-based, and reflects Albertan, Canadian or international standards of practice and Clinical Practice Guidelines. All content on MHA, including videos, images, audio, PDFs and external website links, is free of all bias including commercial bias.

Requesting New Content on MHA

New content may be requested to address gaps in the available Healthwise® content, and/or to add depth and breadth to existing content, including providing Alberta specific information. To request new content, please contact feedback@myhealth.alberta.ca.

Updating Content on MHA

To request changes to existing content, please contact feedback@myhealth.alberta.ca and include information regarding the page and content that requires a review, along with the supporting evidence.

Requesting a Learning Module

A Learning Module is a mechanism for content to be delivered on MHA with the ability to integrate media, quizzes, and other tools consistent with eLearning type modules. To request a consultation regarding the development of a new Learning Module or to request changes to be made to an existing module, please contact feedback@myhealth.alberta.ca.

Requesting a Timely Health Topic

Timely Health Topics can be found on the [Health Information & Tools](#) page, and are links to MHA content expected to be of importance to Albertans based on the current time of year and current events. To request that a specific MHA topic/page be included, please send an email to feedback@myhealth.alberta.ca specifying the topic and/or page on MHA that you would like to have included, along with details regarding why you believe it is important. Timely Health Topics are updated each month and MHA will require a minimum of one month's advanced notice.

Requesting a Slide on MHA Carousel

The Carousel is a revolving story board used to promote specific MHA content, and reflect current events and relevant campaigns. Carousels are currently available on the [Homepage](#), the [Health Information & Tools](#) page, and the [MyHealth Videos](#) page, and are refreshed weekly or to accommodate

a current situation. To request a slide on one of our carousels, please send an email with at least one month's notice to feedback@myhealth.alberta.ca specifying the topic and/or page on MHA that you would like to promote, along with details regarding a campaign or specific dates that the content may be related to.

Requesting an Image on Healthy Living Image Block

The Healthy Living Image Block is a group of images on the [Health Information & Tools](#) page used to promote MHA content specific to living a healthy lifestyle. The images are refreshed on a monthly basis. To request a topic to be promoted, please send an email with at least one month's advanced notice to feedback@myhealth.alberta.ca specifying the topic and/or page on MHA that you would like to promote, along with details regarding a campaign or specific dates that the content may be related to.

Requesting to Add a New or Featured Video on MyHealth.Alberta.ca Videos

To request a consultation regarding the addition of a new video to the [MHA Video Library](#) and/or to be featured on the MyHealth.Alberta.ca Videos page, please send an email to feedback@myhealth.alberta.ca communicating the video you would like to promote including the URL for the video.

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