

Interventional Radiology (IR) Joint Injection Patient Instructions - Pediatric

WEEKS or DAYS before your child's appointment:

- **Preparation:** Your child must follow ALL INSTRUCTIONS in this letter. Their doctor has been notified about this appointment.
- **Contact your child's doctor:** Contact your child's doctor about any lab tests or medication changes needed before their appointment, and about any pain control medication needed after their appointment.
- **Accompany your child:** Ensure a parent, guardian, or alternate decision maker, brings your child to their appointment. This person MUST remain in the hospital for the duration of the appointment.
- **Arrange childcare for additional children:** For safety reasons, additional children (brothers, sisters, etc.) cannot accompany you and your child in procedure rooms and cannot be left unattended.
- **Assess pregnancy risk:** If there is any chance your child could be pregnant, discuss the safety of this procedure with their doctor before their appointment.
- **Consult your child's diabetes care provider:** If your child is taking diabetes medications or using Insulin Pump Therapy, consult their diabetes care provider before their appointment.
www.ipumpit.ca
- **Contact diagnostic imaging:** If your child has recently been unwell, has had a fever, or is unable to attend their appointment for any reason **IMMEDIATELY** contact diagnostic imaging at the number provided above.

BRING to your child's appointment:

- Your child's favourite comfort item (stuffed animal).
- Current list of your child's medications (prescription and over the counter).
- Any medication your child may need during their appointment.
- Your child's healthcare card.
- Your child's eyeglasses, hearing aid(s), and mobility aid/device.
- Patients with diabetes - insulin and glucometer
- Green sleeve that includes your child's Goals of Care (GOC) Designation Order form if your child has one.

DO NOT bring:

- Leave valuables at home, including jewelry or piercings.
- Limit the number of items you bring to the appointment.

AT your child's appointment:

- **Consent is required:** A legal representative (parent or alternate decision maker) must be available to provide consent for all patients under the age of 18.
- You will be provided with a hospital gown to help your child change into.
- Your child will receive an injection of contrast during their appointment. Numbing cream will be applied to your child's skin before the needle is inserted, which will help make the area less sensitive.
- The appointment may take up to 1 hour.

