

MR Breast Biopsy Patient Instructions

WEEKS or DAYS before your appointment:

- **Preparation:** You must follow ALL INSTRUCTIONS in this letter. Your doctor has been notified about your appointment.
- **Contact Diagnostic Imaging:** If you suffer from a bleeding disorder, contact the Diagnostic Imaging department at the number provided above.
- **Take your weight:** Contact Diagnostic Imaging at the number provided above if your weight is over 400lbs.
- **Arrange childcare:** For safety reasons, children cannot accompany you in procedure rooms and cannot be left unattended.
- **Arrange a support person:** An adult support person is welcome to accompany you to your appointment.
- **Consult your primary care provider:** If you're claustrophobic or require a sedative (Ativan), consult with your doctor before proceeding with your appointment.
- **Know if you're pregnant:** If you're pregnant, consult with your doctor before proceeding with your appointment.
- **Remove your continuous glucose monitoring device (CGMD):** If you have a CGMD or insulin pump, it must be removed before your appointment. www.ipumpit.ca

2 DAYS before your appointment:

- DO NOT take Aspirin (acetylsalicylic acid) or Advil (ibuprofen) 48 hours before your appointment. Take Tylenol (acetaminophen) if needed for pain.
- Continue to take prescribed medication, as directed by your doctor.

HOURS before your appointment:

- Eat a light meal before your appointment, limiting fluids.
- Wash your breasts and underarms thoroughly. DO NOT use powder, lotion, or deodorant.
- Wear loose-fitting clothes, with a separate top and bottom.
- Wear a tight-fitting bra, such as a sports bra.

BRING to your appointment:

- Any medication you may need during your appointment.
- Healthcare card.
- Picture identification.
- Eyeglasses, hearing aid(s), and mobility aid/device.
- Patients with diabetes - insulin and glucometer
- Green sleeve that includes your Goals of Care (GOC) Designation Order form if you have one.

DO NOT bring:

- Leave valuables at home, including jewelry or piercings.
- Limit the number of items you bring to your appointment.

AT your appointment:

- **Consent is required:** A legal representative (parent or alternate decision maker) must be available (in person or by telephone) to provide consent for all patients under the age of 18, or any patients that do not have the capacity to make health care decisions.
- You will be provided with a hospital gown to change into.
- You will be asked to remove all metal items including pins, hairpieces, jewelry, make-up, prosthesis, wallets, and phones.
- You will have an intravenous (IV) line placed in your arm, which will be used to inject contrast. Contrast will make parts of your body more visible in images.
- You must lay flat on your stomach for up to 1 hour during the procedure, and your appointment may take up to 4 hours.

AFTER your appointment:

- You may be scheduled for a mammogram at a nearby clinic when your biopsy is finished.