Blocks





Talk about what you and your child are doing

As a parent or caregiver, you play an important role in your child's language learning. Turn playtime with toys into back-and-forth interactions and help your child build their language. When playing together, talk about what you and your child are doing. Try these activities in your language.



With your baby

- Copy your child when they bang blocks together. Say, "Bang, bang, bang." Wait to see what they will do. They might look, move, laugh, smile, make a sound, or bang the blocks. Copy your child again.
- Build a tower for your child to knock over. Say, "Up, up, up" when you build it and "Fall down!" when your child knocks it down. Do it again. You may have to help your child at first, and that's okay.



With your toddler

- Build your own tower beside your toddler. Say, "More blocks" or "Build the tower" as you stack them. Say, "The tower crashed" or "They fell down" when they knock it over. Ask, "Do you want to build the tower again?" Wait to see what they say.
- Be silly. Put the block on your head and say,
 "On my head," or "Where's the block?" Wait to see what your child will do.



For more information scan this QR code or visit: ahs.ca/talkbox



With your preschooler

- Build cars, houses, or anything your child likes.
 Talk about the sizes, colours, and shapes of blocks. Ask if you need a tiny one, a big one, a blue one, a round one, or a pointy one.
- Once you've built something, play pretend with your child. Talk about what you are pretending to do.



Where to get help

Speech-language pathologists can help. Learn more at ahs.ca/pedrehab.

These ideas can be used with other toys or objects that can stand, stack, and fall down, like small boxes, plastic containers, or cups.

