

Talk about what you and your child are doing

As a parent or caregiver, you play an important role in your child's language learning. Turn playtime with toys into back-and-forth interactions and help your child build their language. When playing together, talk about what you and your child are doing. Try these activities in your language.



With your baby

- Take turns putting blocks, animals, or other toys into the train cars. Use words like in and on.
- Make lots of train noises while you are pushing the train to your baby. Stop making sounds from time to time. Wait and see if they will show you that they want to play more. Your baby may smile, look, reach or make a sound.

With your toddler

- Tell your child where to drive the train. Say, "Go under the table," "Go behind the chair," or "Go up the couch mountain."
- Take turns putting animals or toys onto the train. Use describing words like, big block, tall giraffe, or shiny ball. Ask your child what goes in the train next. Ask where the train is going.

With your preschooler

- Make a city for the train, with a school, a zoo, a bridge, or a train station. Use blocks or boxes for the different buildings. Make a bridge or a ramp with some blocks. Play in this pretend world with your child. Ask your child things like, "Where will the train go next?"
- Read a book about trains, like The Little Engine That Could. Act out the story together. Try making a mountain out of pillows.

😽 Where to get help

Speech-language pathologists can help. Learn more at ahs.ca/pedrehab.

These activities can be used with any type of toy vehicle, like cars, trucks, and construction sets.

For more information scan this QR code or visit: ahs.ca/talkbox



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