## Your child's equipment: How to choose equipment with your child's therapist

Use this handout to support conversations with your child's therapist. If you run out of room, use a separate sheet of paper.

<table>
<tr><td colspan="4">Circle the activities your child needs help with</td></tr>
<tr>
<td>• bathing<br>• being outside<br>• chores<br>• dressing</td>
<td>• eating<br>• hygiene<br>• learning<br>• movement</td>
<td>• playing<br>• recreation<br>• sitting<br>• sports</td>
<td>• standing<br>• toileting<br>• transfers<br>• travel</td>
</tr>
<tr><td colspan="4">What does your child need to do during these activities?</td></tr>
<tr><td colspan="4">Activity: Bathing</td></tr>
<tr><td colspan="4">What's hard about this activity? Being safe, getting my child clean, my child being relaxed, my hands being free to wash them.</td></tr>
<tr><td colspan="4">What will help? Talk with your child's therapist to complete this section.</td></tr>
<tr><td colspan="4">Activity:</td></tr>
<tr><td colspan="4">What's hard about this activity?</td></tr>
<tr><td colspan="4">What will help?</td></tr>
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**Current as of:** February 14, 2025
**Author:** Pediatric Rehabilitation Services

Alberta Health Services